

## **Testimonial Paul Harrogan**

Craig Hamilton's story is one of pure courage and iron will to break through the bonds of darkness that mental illness can bring.

By inner reflection he has been able to overcome his own worst fears and in doing so has become one of the most inspirational people I have ever met.

I have known Craig for seventeen years and for the past ten years I have seen him rise to prominence as a radio and newspaper personality.

He is a very distinctive figure in Rugby League circles and is renowned for his professionalism and enthusiasm.

In my mind, Craig's achievement in overcoming the horrendous effects of mental illness far outshines his professional success.

I witnessed with my own eyes the challenge he and his family faced.

There are so many people suffering from mental illness and it is uplifting to see that it can be beaten.

Craig's is a fascinating story, one that will endear itself to everyone in our community.

Paul Harrogan OAM

Newcastle Knights Premiership Captain